

# Train your agency in PCIT!



# Parent-Child Interaction Therapy (PCIT) Level 1 Training Course

Parent-Child Interaction Therapy (PCIT) Level 1 Training with CCFH includes:

- A one-day workshop covering: Level 1 guidelines for training within agency, Level 1 materials, implementation of PCIT within agency training model, and challenges and solutions for PCIT integrity and fidelity.
- Monthly consultation calls for one year.
- Faculty review of required video sessions (up to 3).

Trainees are expected to provide their own PCIT 2011 Treatment Protocol and DPICS-IV Clinical Manual. Training complies with PCIT International certification standards.

**Training Location & Dates** 

Center for Child & Family Health Durham, NC

June 21, 2019

**Application & Cost** 

Applications accepted on a rolling basis until June 10, 2019.

\$1,700 per clinical trainee.
Limited space.

<u>Click here to apply</u>, or contact the Training Coordinator.

PCIT-International Certified Trainers
Conducting Level 1 Course

Robin Gurwitch, PhD Master Trainer

Darden White, LPC Level I Trainer



# **Level 1 Training**

PCIT is an evidence-based, specialized behavior management program designed for families with young children experiencing behavioral and/or emotional difficulties. PCIT teaches caregivers to manage their child's behaviors, while focusing on increasing their positive behaviors. A PCIT therapist works with the child and caregiver together to improve overall behavior and reduce parenting stress. A strong body of research supports the effectiveness of PCIT in the treatment of child disruptive behaviors with growing support for its use with families who have a history of child maltreatment and trauma.

### WHY LEVEL 1 TRAINING?

Level 1 Training is helpful for the following reasons:

Increase PCIT capacity to serve children and families at your agency
Increase PCIT presence in your community
Increase your PCIT professional development



### TRAINING OUTCOMES

Upon completion participants should be able to:

- Understand Level 1 guidelines for within agency training.
- Demonstrate understanding of how to use Level 1 training materials.
- Understand and execute PCIT within agency training model.
- Articulate challenges and solutions for PCIT integrity and fidelity.

Trainees are strongly encouraged to come to training with a trainee of their own in mind.



### **REQUIREMENTS**

Level 1 training is intended for therapists already certified as a Therapist by PCIT-International.

Participants must have a masters degree or higher in a mental health field and be independently licensed or license eligible as a mental health provider. Additionally, trainees must have completed at least 4 PCIT cases to graduation.

In order to successfully complete training, clinicians must:

- Actively participate during the in-person training,
- Actively participate in at least 80% of consultation calls,
- Submit satisfactory videos for review by faculty, and
- Successfully complete one clinical case to graduation with their trainee as lead therapist while under consultation.

# **Meet Your Training Team**



DR. ROBIN GURWITCH,
PHD

Dr. Robin Gurwitch serves as lead faculty for the PCIT team as a Master Trainer endorsed by PCIT-International. She is a professor in the **Department of Psychiatry** and Behavioral Health Sciences at Duke University Medical Center. Dr. Gurwitch has helped to develop PCIT adaptations for use with different populations, including military families. Her clinical and research interests include PCIT, trauma and disasters, resilience, and military families.





DR. GEORGE AKE, PHD

Dr. George Ake is a Level II trainer endorsed by PCIT-International. He is an Assistant Professor in the Department of Psychiatry and Behavioral Health Sciences at Duke **University Medical Center** and an Adjunct Assistant Professor in the Department of Psychiatry in the UNC-Chapel Hill School of Medicine. His clinical and research interests lie in trauma, interpersonal violence, and trauma-informed child welfare practice.



ERIKA WRAY, LCSW

Erika Wray is a Level II trainer endorsed by PCIT-International. She is a licensed clinical social worker at CCFH. Before joining the team at CCFH, Ms. Wray was part of the Foster Care Unit at the **Durham County** Department of Social Services. Her interests lie in serving families with young children, children in the foster care system, and children on the autism spectrum.



DARDEN WHITE, LPC

Darden White is a Level I trainer endorsed by PCIT-International. She is a licensed clinician at CCFH. Ms. White primarily provides services and trains therapists to provide services to traditionally underserved populations. Her interests lie in providing therapeutic interventions to children with sexualized behaviors and applying PCIT to children on the autism spectrum.



BREANNA WILLIAMS, BS

Breanna Williams is the Training Coordinator for PCIT & CARE Training at CCFH. She is a Clinical Research Specialist in the Department of Psychiatry and Behavioral Health Sciences at Duke University Medical Center. Ms. Williams is also a part of the Post Adoption Support Services team at CCFH. Her interests lie in developmental psychopathology and intervention and prevention research for childhood trauma in vulnerable populations.

# **Application & Training Logistics**

### 2019 APPLICATION AND TRAINING TIMELINE

MAY 20	Application deadline; applications accepted on a rolling basis.

Acceptance notifications will be issued upon application review and no later than May 31. If accepted, a non-refundable \$100 deposit is due to CCFH within three weeks to hold your spot.

JUNE 10 Full tuition payment is due in full to CCFH. Full cost is \$1,700 per trainee.

JUNE 21 In-person Training Session: 9:00 am - 5:00 pm in Durham, NC.

# CONTINUING EDUCATION UNITS

PCIT Level 1 training is offered for 6.5 APA-approved CEs (pending APA approval).

Certificates will be emailed with 90 days of the training session. Partial credit will not be offered.

There is no commercial support for this CE program.

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PCIT International, Inc., is approved by the American Psychological Association to offer continuing education for psychologists. PCIT International maintains responsibility for this program and its content.

If you have concerns about a speaker or workshop offering please contact the PCIT International Continuing Education Task Force Program at pcit.ce@gmail.com or mailing address: 22713 NW 191st Lane,

# CUSTOMIZE YOUR TRAINING

Please contact the Training Coordinator for more information regarding the following:

Please identify any accommodations you need, including those required for a disability, in your application. We will make every effort to meet your needs.

Tuition covers monthly PCIT consultation calls for one year and review of up to 3 clinical sessions. More frequent calls and/or video review is possible for an additional cost.

For North Carolina clinicians who wish to have their trainees rostered in the state, additional requirements must be met.
Please contact the Training Coordinator for more information.

### **MISCELLANEOUS**

### **Travel & Accommodations**

Clinicians are responsible for their own travel and accommodations. The Training Coordinator can provide accommodation recommendations upon request.

### **Cancellations & Refunds**

Cancellations and refund requests are processed on an individual basis. The \$100 deposit is not refundable.

### Questions?

Contact Training Coordinator Breanna Williams with questions or for help related to the application or training program.

(919) 385-0716 breanna.williams@duke.edu 1121 W Chapel Hill St, Suite 100 Durham, NC 27701



The **Center for Child & Family Health** strives to define, practice, and disseminate the highest standards of care in treating and preventing childhood trauma. For more than 20 years, CCFH has worked at the intersection of academic research, evidence-based practice, and community impact.